



Love and Respect

Best Use

As a date night discussion guide

Nutritional Value

Helps husbands and wives become intentional about meeting their mate's greatest need

Advance Preparation

- Schedule a dinner or coffee date
- Each spouse should listen to the 20 minute "Love and Respect in Marriage" talk by Dr. Emerson Eggerichs (Download available from the Faith@Home Center).
- Each spouse should spend a few minutes writing down answers to the questions on the reverse side.

During The Date

Spend 15 minutes discussing your answers.

Getting Honest About **Love and Respect**

HUSBANDS

Read aloud Ephesians 5:25-28 and answer the following questions...

- What is your wife's primary marital need?
- What are some of the ways you try to show her sacrificial love?
- What are 2-3 ways she needs you to show love but that you might find difficult?
- Ask your wife to offer a few "baby step" suggestions on better meeting her needs.

WIVES

Read aloud Ephesians 5:22-24 and answer the following questions...

- What is your husband's primary marital need?
- What are some of the ways you try to show that you admire and respect him?
- What are 2-3 things he would appreciate but might be more difficult for you to do?
- Ask your husband to offer a few "baby step" suggestions on better meeting his needs.

TOGETHER

Read aloud Ephesians 5:31-33. Then hold hands and pray together.